



ALLSTAR KUNG FU

北斗武術學院 Class Schedule

Effective: September 1, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private Lessons	Private Lesson 9:00 - 11:00 AM	Tai Chi Private Lesson 9:00 - 11:00 AM 	Private Lesson 9:00 - 11:00 AM	Senior Health 8:30 - 9:30 AM  Tai Chi Private Lesson 9:30 - 11:00 AM 	Child (Beg & White) 9:30 - 10:20 AM	Teen/Adult (All) 9:00 - 9:50 AM
					Child (Yellow & Red) 10:20 - 11:10 AM	Child (Beg & White) 10:00 - 10:50 AM
					Child (All) 11:10 AM - 12:00 PM	Child (Red & Up) 11:00 - 11:50 AM
	Private Lesson 2:00 - 3:00 PM	Private Lesson 2:00 - 3:00 PM	Private Lesson 2:00 - 3:00 PM	Private Lesson 2:00 - 3:00 PM	Private Lesson 12:00 - 1:00 PM	Private Lesson 12:00 - 1:00 PM
	Child (All) 3:30 - 4:20 PM	Child (All) 3:30 - 4:20 PM	Child (All) 3:30 - 4:20 PM	Child (All) 3:10 - 4:00 PM	Preparatory Team 1:00 - 2:30 PM	Wushu Team C 1:00 - 3:00 PM
	Child (All) 4:20 - 5:10 PM	Child (All) 4:20 - 5:10 PM	Wushu Team C 4:30 - 6:00 PM	Child (All) 4:10 - 5:00 PM		
	Child (Red & Up) 5:10 - 6:00 PM	Child (Beg & White) 5:10 - 6:00 PM		Private Lesson 5:00 - 6:00 PM	Wushu Team B 2:30 - 4:30 PM	Wushu Team A 3:00 - 5:00 PM
	Wushu Team (All) 6:00 - 7:00 PM	Child (Yellow & Up) 6:10 - 7:00 PM	Wushu Team B 6:00 - 7:30 PM	Private Lesson 6:00 - 7:00 PM		
	Adult (All) 7:00 - 7:50 PM	Wushu Team A 7:00 - 8:30 PM	Adult (All) 7:30 - 8:20 PM	Private Lesson 7:00 - 8:00 PM	Private Lessons 4:30 - 7:00 PM	Private Lessons 5:00 - 8:00 PM
	Tai Chi 8:00 - 8:50 PM 		Private Lesson 8:20 - 9:20 PM	Tai Chi 8:00 - 8:50 PM 		